

Aims and scope

Optimising health for conception can mitigate high risk pregnancies, prevent unplanned pregnancy and improve reproductive and pregnancy outcomes.

There has been a lack of focus on preconception health in the Western Pacific region despite poor maternal and neonatal health outcomes.

The Western Pacific Regional Preconception Health Network was established to build multi-disciplinary collaborations regionally, and plan for improving preconception, pregnancy and reproductive outcomes for all individuals in the Western Pacific Region.

CONFERENCE

“Exploring Challenges, Opportunities, and Partnerships to Advance Preconception Health and Care in the Western Pacific”



CONFERENCE PROGRAM DAY 1

Pre-Conference Workshops

ECR Networking Breakfast	08:30 AM – 09:30 AM
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HIPP EMCR Session + Morning tea	09:30 AM – 11:30 AM
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Monitoring PCH indicators: use of screening tools and big data + Morning tea	11:30 AM – 13:00 PM
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Opt in full day LARC training for local providers	09:00 AM – 17:00 PM
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Conference Welcome and Introduction	13:00 PM – 13:10 PM
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Reframing Care and Services to Improve Preconception health	13:10 PM – 13:30 PM
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Western Pacific Regional Presentations followed by panel	13:30 PM – 14:15 PM
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Panel: focus on regional policies and current practices	14:15 PM – 14:40 PM
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Afternoon Tea	14:40 PM – 15:10 PM
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Climate and Environment and Preconception Health	15:10 PM – 16:00 PM
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Networking Drinks	16:00 PM – 17:00 PM
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CONFERENCE PROGRAM DAY 2

Young Investigator Presentations	08:30 AM – 09:00 AM
Youth Panel	09:00 AM – 10:00 AM
Morning Tea	10:00 AM – 10:30 AM
Interpregnancy Health and Wellbeing	10:30 AM – 11:15 AM
Men's Preconception Health	11:15AM – 12:00 PM
Lunch	12:00PM – 12:45 PM
Malnutrition	12:45 PM – 13:30PM
Non-communicable diseases	13:30 PM – 14:15 PM
Mental Health	14:15PM – 15:00 PM
Young Investigator Awards	15:00 PM – 15:10 PM
Afternoon Tea	15:10 PM – 15:30 PM
Collaborative Networking: Future Directions	15:30 PM – 16:30 PM