

Family Planning

A woman's right

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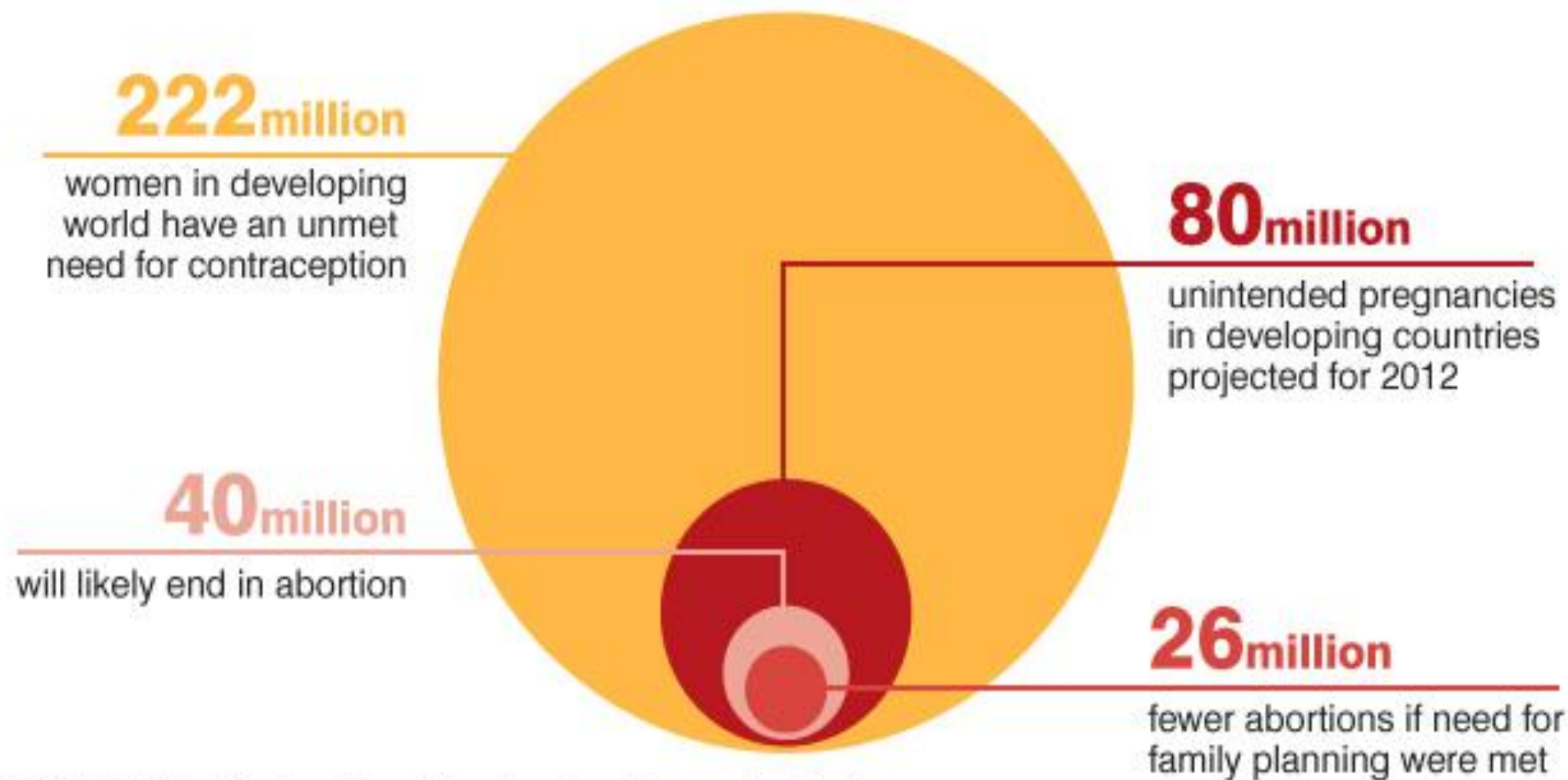
LAUTOKA HOSPITAL FIJI



Family Planning and Human Rights

- the basic right of all couples and individuals to decide freely and responsibly the number, spacing and timing of their children
- to have the information and means to do so
- the right to attain the highest standard of sexual and reproductive health
- the right of all to make decisions concerning reproduction, free of discrimination, coercion and violence

Family planning in the developing world



SOURCE: United Nations Population Fund and Guttmacher Institute

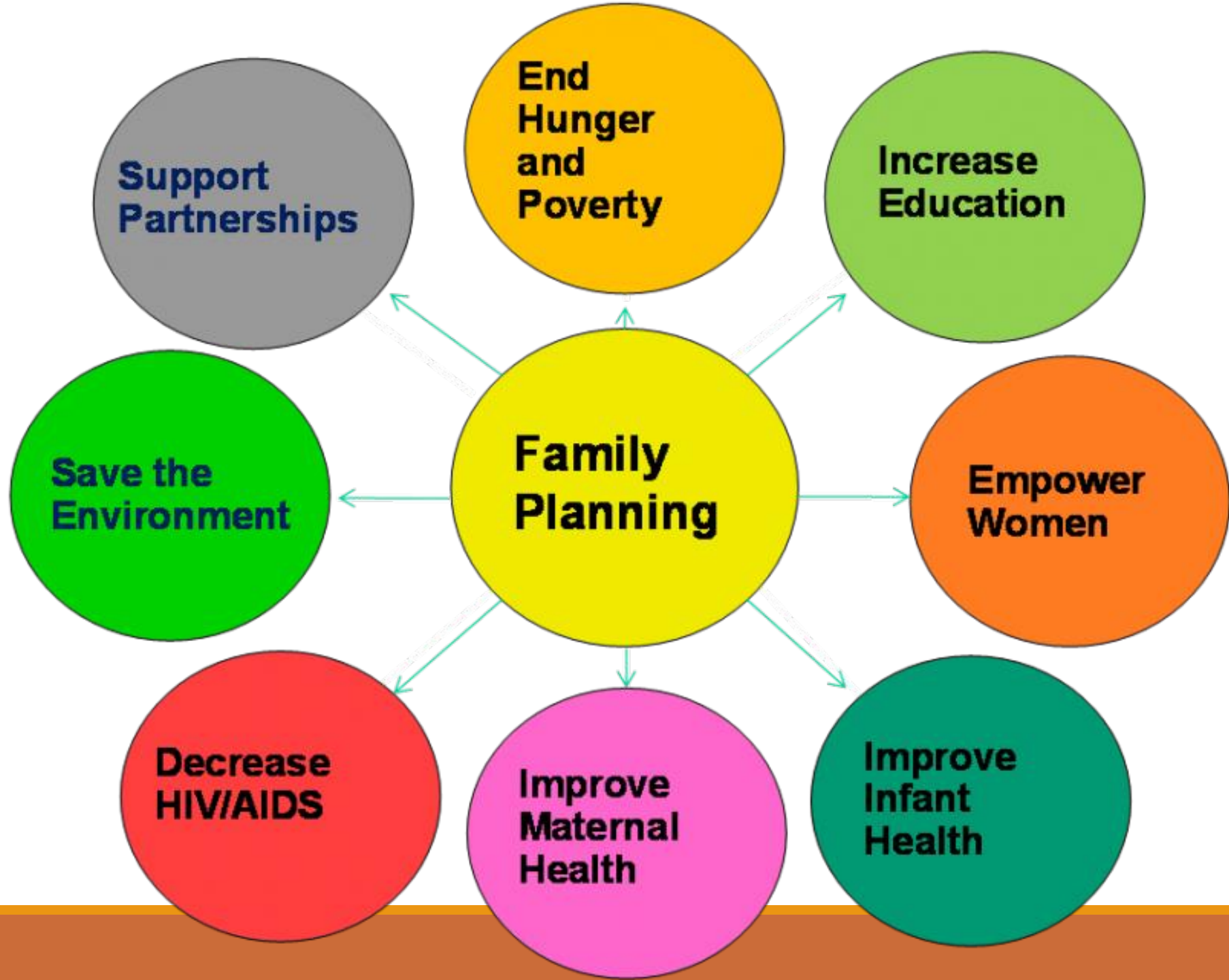
Rationale for Family Planning

Maternal Morbidity increases with grand multiparity

Neonatal outcomes improve with spacing

Risks in pregnancy, labour and post partum

Gains for women, lifestyle, employment, financial...



180° Meridian

Inset: Rotuma

177°E

16°30'S





Demographics

Referral Hospital

Large geographic region

2nd Largest Hospital in Fiji

4500 babies per year

Predominately rural

Birth rate of Fijian women 2.6

99% of births with a trained birth attendant



Tubal Ligations	308
Jadelle Insertions	320
Jadelle Removals	143
Injections Depo/Noris	921
Oral contraceptive Pills	279
Other methods: condoms/IUCD	225
PAP Smear	1021
Inpatients Appts	3055
Outpatients Appts	3459

Barriers

- Cultural Taboos
- Lack of information
- Lack of access
- Geographic challenges
- Gender inequality
- Fear of side effects
- Religious beliefs

Family Planning

Approx 6500 consults a year

Tubal Ligations

Implants and Injections

Condoms, contraceptive pill

IUD's

Counseling begins in antenatal

Opportunistic visits in postnatal and gynaecological wards and the community Health Clinic

Follow up appointments

PAP Smears



WHO

... that family planning can play a vital role in the reduction of infant, child and maternal morbidity and mortality and can lead to higher education and employment opportunities and empowerment for women...

(WHO 2013).

References

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World population <http://worldpopulationreview.com/countries/fiji-population/>