









It is with immense pride that we celebrate a truly incredible achievement for our Vice President, Amanda Hill. Amanda has been granted the prestigious honorary Fellowship of the Royal College of Obstetricians and Gynaecologists, a recognition that highlights her extraordinary dedication to women's health.

What is inspirational about Amanda is that, unlike many of us in our formative days of becoming a specialist, her commitment to share her training and expertise did not end with the MMed. Once well-grounded in the speciality, she took on an academic appointment with the Fiji National University, providing both undergraduate and postgraduate tuition. She remained clinically active, which is essential if one is to maintain credibility with students. In 2009, she married Marcus Hill, and together they welcomed twins in 2011, all while she remained dedicated to her professional responsibilities. Amanda became the academic head of O&G at CMNHS at FNU and was promoted to an associate professorship.

She also diligently maintained her Associate Fellowship status with RANZCOG.

Her visionary leadership extended beyond the classroom. As a key figure in establishing the Fiji O&G Society, Amanda has been instrumental in building professional networks and improving care throughout the Pacific. Now, as our Vice President and head of the PSRH secretariat, she continues to be a driving force for positive change. This honor from the RCOG is a fitting tribute to her exceptional career and the profound impact she has had on so many lives.

by Prof Rajat Gyaneshwar

### **PSRH CONFERENCE**

## Planning Ahead: 14-18 September 2026, Tonga



Conference will be hosted in Nuku'alofa, Tonga, from 14-18 September 2026 at the Tonga High School Stadium. The theme for this important gathering is:

"Fakakaukau ki he kaha'u – Building and Sustaining our Health Workforce." The following workshops have been suggested as part of the programme:

- PEMNeT & FESP
- Gynaecological Oncology
- Family Planning
- Midwifery
- Research
- Urogynaecology
- Ultrasound (for limited-experience practitioners)
- Triple Elimination
- Gender-Based Violence (GBV limited space)

Workshops will be held on Monday and Tuesday, leading into the main scientific programme from Wednesday to Friday.



#### **Your Voice Matters!**

PSRH needs and values your input. You are invited to help shape the conference by providing your preferences through this quick and easy questionnaire:

Click Here



## CONGRATULATIONS to Dr Nitik Ram

Dr. Nitik Ram, is the recipient of the 2025 PSRH Scholarship to attend and present at the Western Pacific Preconception Health Conference in Kuala Lumpur this November. Dr. Ram is Consultant Obstetrician Gynaecologist at the Colonial War Memorial Hospital (CWMH) in Fiji, the country's largest tertiary referral centre. His role spans the full spectrum of women's health - from antenatal and intrapartum care to the management of complex gynaecological conditions and emergency interventions. He is also actively involved in teaching and supervision of registrars, junior doctors, and medical students, helping to build the future workforce in Fiji.

Alongside his clinical responsibilities, Dr. Ram is pursuing a PhD on congenital fetal anomalies and preconception care in the Pacific context. His research is addressing a critical gap by exploring early detection, prevention, and culturally appropriate models of counselling for women and families.

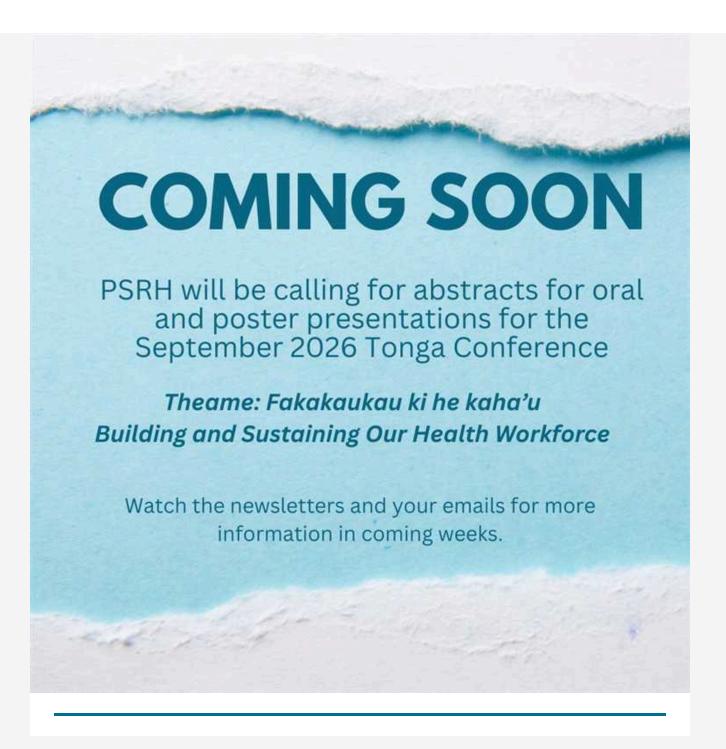
Through the scholarship and his participation at the Kuala Lumpur conference, Dr. Ram will:

- Share his insights from Fiji with regional colleagues.
- Strengthen his own research and advocacy capacity.
- Build new partnerships to support the development of preconception health in the Pacific.

He has also committed to ensuring the benefits of this opportunity extend beyond himself, by sharing learnings with the PSRH network, conducting CPD sessions for colleagues at CWMH, and integrating key findings into outreach training for rural and outer island health providers.

CRATULATION

PSRH warmly congratulates Dr. Nitik Ram on this achievement and looks forward to supporting his contribution to advancing maternal and newborn health across the region.



Have you registered for this important (FREE) webinar?
Don't miss out, Register NOW!



# Respectful Care in O&G: Changing Culture, Improving Outcomes.

Join Dr Mairi Wallace, Specialist

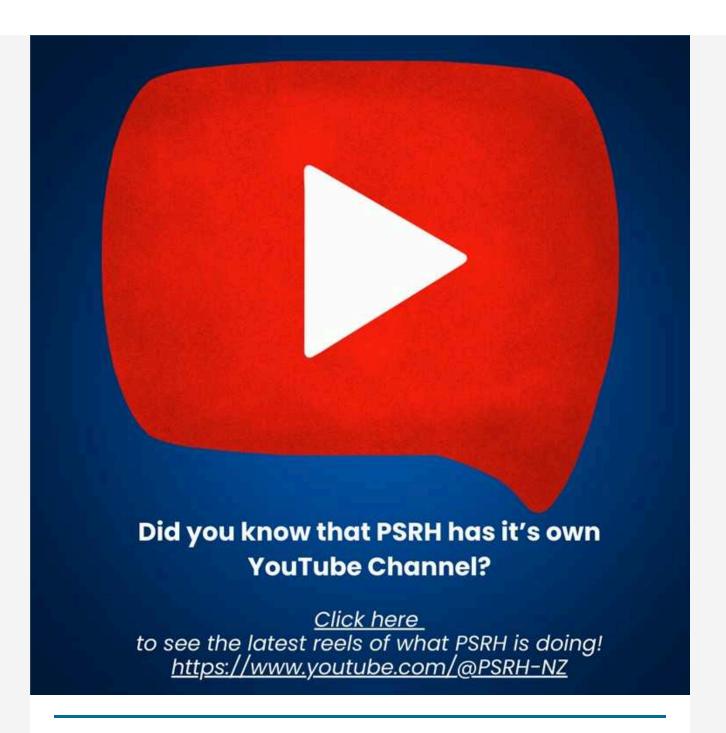
Gynaecologist, Urogynaecologist, Northland,
Aotearoa New Zealand, Health Specialist

Programme, Cook Islands at the PSRH webinar
when she presents: Respectful Care in
Obstetrics and Gynaecology

<u>Free Webinar</u> Registration is essential

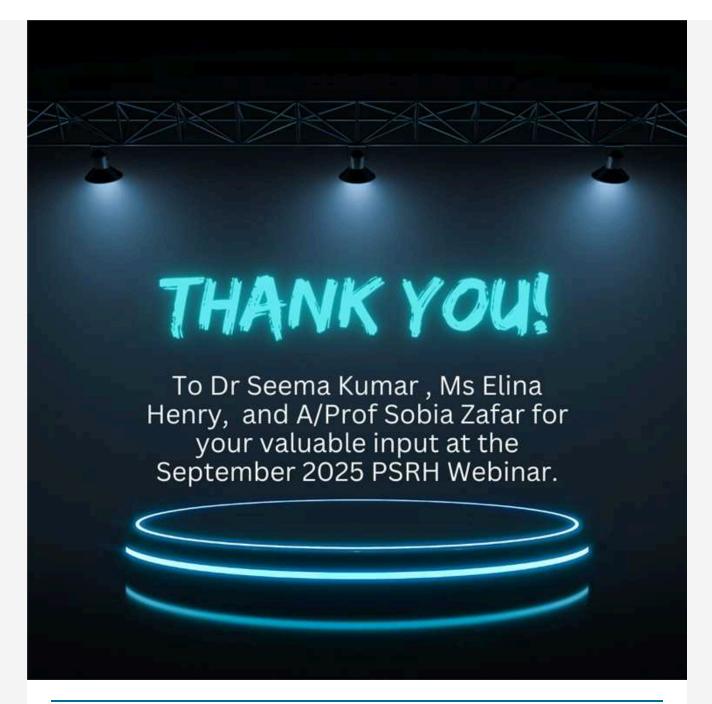
Thur - 23rd Oct, 2025
5pm AUS (AEST), Port
Moresby
6pm AUS (AEDT), Vanuatu &
Solomon Islands
7pm Fiji
8pm New Zealand, Tonga &
Samoa





It's never too late to join PSRH and become a member. See the reel below on how easy it is to join!







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