



## 16th PSRH Biennial Scientific Conference Tonga 2026

As PSRH begins 2026, our focus turns to the 16th PSRH Biennial Scientific Conference, to be held in Nuku'alofa, Tonga, 14–18 September 2026. This flagship regional event will bring together clinicians, nurses, midwives, researchers, educators, and partners committed to strengthening sexual and reproductive health across the Pacific.

Under the theme Fakakaukau ki he kaha'u – Building and sustaining the Pacific SRH workforce through strengthened regional collaboration, the programme will include pre-conference workshops, and opportunities to share Pacific-led research, practice, and innovation. See below for more information about the conference and how to submit an abstract.

**16TH PSRH BIENNIAL SCIENTIFIC CONFERENCE**  
Building and sustaining the Pacific SRH workforce through strengthened regional collaboration  
Fakakaukau ki he kaha'u  
14–18 September 2026, Nuku'alofa, Tonga

**KEY DATES**

- 14–15 Sept 2026 – Pre-Conference Workshops
- 16–17 Sept 2026 – Main Conference
- 18 Sept 2026 – Biennial General Meeting
- 15 Jan 2026 – Abstract Submissions Open
- 15 Mar 2026 – Abstract Submissions Close
- 15 Jan 2026 – Registrations Open (Early Bird)

**CONFERENCE PROGRAMME**

- Pre-conference clinical and professional development workshops
- Keynote sessions, plenaries, panels, and debates
- Research presentations: oral, panel, and poster formats
- Partner and sponsor exhibition space

**IMPORTANT INFORMATION**

- Face-to-face event only
- Registration required for all delegates
- Travel, accommodation, visas & insurance at own arrangement
- Scholarships available for PSRH Members

**HOSPITALITY & WELLBEING**

- 16 Sept 2026 – Sunrise Waterfront Walk
- 17 Sept 2026 – Breakfast Masterclasses
- 17 Sept 2026 – PSRH Cultural Night & Conference Dinner

Submit an abstract

Conference registration

Join PSRH

any issues please email the Secretariat at [info@psrh.org.nz](mailto:info@psrh.org.nz)

## CALL FOR ABSTRACTS

The PSRH organizing committee invites you to submit an abstract for our upcoming conference theme is "Fakakaukau ki he kaha'u" "Building and sustaining the Pacific SRH workforce through strengthened regional collaboration", focusing on innovative and evidence based practices in reproductive health and sustainable workforce approaches and practices. We welcome submissions from researchers, practitioners, and students to share their latest work.

**Tonga**  
14 - 18 September 2026

**Fakakaukau ki he kaha'u**  
Building and sustaining the Pacific SRH workforce through strengthened regional collaboration

PSRH invites abstracts that reflect the conference theme. Presentation formats will include 15-minute oral sessions, 3–5-minute 'Three Minute Thesis' style talks, panel discussions, and poster presentations.

**SUBMISSION REQUIREMENTS**

- Abstract: maximum 300 words (English only, excluding title & references)
- Must include: title, author(s), and affiliation(s)
- Clearly state: research question, methodology, key findings, outcomes and implications
- Nominate one presenter: include a short bio (max. 80 words)
- Complete the application form, 'submit an abstract' on the 2026 PSRH Conference website page

Deadline: 5pm (Fiji), 15 March 2026

[WWW.PSRH.ORG.NZ](http://WWW.PSRH.ORG.NZ)

[INFO@PSRH.ORG.NZ](mailto:INFO@PSRH.ORG.NZ)

## PSRH Scholarships in Action

As part of its commitment to building and sustaining the Pacific SRH workforce, PSRH supports members through targeted scholarships that enable learning, knowledge exchange, and regional leadership development.

Advancing Preconception Health in the Pacific, Dr Nitik Ram

Dr Nitik Ram, 2025PSRH scholarship recipient and Obstetrics and Gynaecology Specialist from Fiji, represented the Pacific at the 1st Western Pacific Regional Preconception Health Conference held in November 2025 at Monash University Sunway Campus, Malaysia. The meeting brought together clinicians, researchers, and policymakers to advance preconception health. Key discussions highlighted the importance of engaging both women and men in preconception care, alongside emerging digital tools to support nutrition, lifestyle change, and long-term health.

Pacific priorities—including rheumatic heart disease, diabetes, HIV, and access to early screening—were central to the dialogue. Dr Ram's participation ensured Pacific perspectives were included, reflecting PSRH's commitment to supporting clinicians to contribute beyond their own settings.

PSRH will be offering a limited number of scholarships in 2026 to support members to engage in professional development and regional learning opportunities aligned with Tonga 2026 and broader workforce priorities. Please see information below.

## PSRH SCHOLARSHIP 16TH PSRH BIENNIAL CONFERENCE

Building and sustaining the Pacific SRH workforce through strengthened regional collaboration

PSRH are offering two scholarships to Pacific based health Professionals to attend the Biennial Conference in **Nuku'alofa, Tonga 14–18 September 2026**

The scholarships are proudly supported by the St Vincent's Pacific Health Fund.

**SCHOLARSHIP BENEFITS:**

- Flights
- Accommodation
- Conference registration
- Participation in the full conference programme

**ELIGIBILITY:**

- Current PSRH membership
- Pacific based health professional
- Agree and abide by the conditions of the scholarship, complete the application in the PSRH – Members Lounge

Applications close: 31 March 2026  
Notifications by: 15 April 2026

[www.psrh.org.nz](http://www.psrh.org.nz)  
secretariat@psrh.org.nz

**How to Apply:**  
Members: Log into the PSRH Members' Lounge and complete the application form.  
Non-Members: You must first become a PSRH member, then complete the application within the Members' Lounge.

## Celebrating Pacific Champions

As PSRH prepares for Tonga 2026, we also recognise members and colleagues whose leadership, service, and mentorship have strengthened sexual and reproductive health across the Pacific.

**Dr Ai Ling Tan**

Dr Ai Ling Tan, PSRH proudly acknowledges Dr Ai Ling Tan, recipient of the 2025 RANZCOG Excellence in Women's Health Award. Dr Tan has led improvements in awareness, early detection, and outcomes for women with gynaecological cancers in New Zealand and the Pacific. Her work spans clinical leadership, advocacy and mentorship, including supporting the training of the first Pacific-based gynaecological oncologist in Fiji.

**Professor Kirsten Black**

Professor Kirsten Black – PSRH warmly acknowledges Professor Kirsten Black, recipient of the 2025 RANZCOG President's Medal. Professor Black is Chair of the PSRH Family Planning Subcommittee, where she has strengthened education, guideline development, and regional collaboration. Her leadership reflects a strong commitment to evidence-based care and Pacific workforce development.

**Dr Karaponi Olesene-Gafa**

Dr Karaponi Olesene-Gafa – PSRH recognises Dr Karaponi Olesene-Gafa, recipient of the 2025 RANZCOG Excellence in Women's Health Award. Serving PSRH in an ex officio capacity she has championed Pacific perspectives across governance, policy, and leadership practice, contributing to sustained workforce and system strengthening.

**Dr Sharron Bultho**

Dr Sharron Bultho – PSRH also acknowledges Dr Sharron Bultho, recipient of the 2025 RANZCOG Excellence in Women's Health Award. As Chair of the PSRH REMANH Subcommittee, Dr Bultho leads work strengthening emergency maternal and neonatal care training across Pacific island countries through respectful partnership and mentorship.

## PSRH Membership

Memberships end  
31 March 2026.  
Renewals open 1 April 2026.

### Closing Reflection

These achievements reflect more than individual recognition. They highlight the mentorship, service, and sustained commitment that underpin the Pacific SRH community. As PSRH begins a new year, we invite members to reflect on who has shaped their journey, and how each of us can contribute to strengthening and sustaining the profession.

**Contact PSRH at:**

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